

**Amendments to the Claims**

This listing of the claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims**

1.-30. (Previously Canceled)

31. (Currently Amended) A method of manufacturing an umbrella post, comprising:

providing an umbrella post having a spiral-shaped anchoring structure on a lower end of a post, where the post includes an upper end to support an with a retractable umbrella top radiating from the upper end of the post, and a lower end for insertion into the ground, and a first pair of retractable levers along a middle region of the post;

integrally attaching a first handle to a first region of the post applying the lower end of the post against a ground; and

integrally attaching a second handle to a second region of the post using one or more of the first pair of retractable levers to apply a rotational force to insert the spiral-shaped anchoring structure into the ground; and

wherein the first handle is integrally attached a predetermined distance along a length of the post from the second handle.

32. (Canceled)

33. (Currently Amended) The method of claim 3431, wherein integrally attaching includes pivotally attaching further including moving the first pair and the second pair of retractable first handle and the second handle such that the first

handle and the second handle can move into a first position perpendicular to a the length of the post.

34. (Currently Amended) The method of claim 3433, wherein integrally attaching includes pivotally attaching further including moving the first pair and the second pair of retractable first handle levers and the second handle such that the first handle and the second handle can move into a second position parallel to a the length of the post.

35. (Currently Amended) The method of claim 3634, wherein integrally attaching includes pivotally attaching moving the first pair and the second pair of retractable first handle levers and the second handle such that the first handle and the second handle can includes releasably locking the first pair and the second pair of retractable levers in the first position and the second position relative the post pole.

36. (Canceled)

37. (Canceled)

38. (Currently Amended) A method of manufacturing an umbrella, comprising:  
constructing a spiral shaped anchoring structure on a lower end of a post,  
where the post includes an upper end to support an with a retractable umbrella top  
and a lower end for insertion into the ground;  
constructing a first pair of retractable levers handles along a first middle  
region of the post[.]; and  
constructing a handle along a second region of the post, the pair of handles  
along the first region being spaced apart from the handle along the second region by  
a predetermined distance along a length of the post.

40. (Currently Amended) The method of claim 4138, wherein constructing the pair of handles along the first region and constructing the handle along the second region includes constructing the handles in a retractable manner such that the further including providing the first pair handles and the second pair of retractable levers with can be moved into a first position perpendicular to a the length of the post.

41. (Currently Amended) The method of claim 4140, wherein constructing the pair of handles along the first region and constructing the handle along the second region includes constructing the handles in a retractable manner such that the further including providing the first pair handles and the second pair of retractable levers with can be moved into a second position parallel to a the length of the post.

42. (Currently Amended) The method of claim 4341, wherein constructing the handles in a retractable manner includes constructing the handles such that wherein providing the first pair handles and the second pair of retractable levers can be with a first position and a second position includes releasably locking locked the first pair and the second pair of retractable levers in the first position and the second position relative the postpole.

43. (Currently Amended) The method of claim 4138, wherein constructing a spiral shaped anchoring structure, a first pair of retractable levers and a second pair of retractable levers the handles includes[[:]]

integrally fabricating the spiral shaped anchoring structure on a lower end of a post; and

integrally fabricating the first pair and second pair of retractable levers handles along the post.

44. (Canceled)

45. (Currently Amended) A method of fabricating an umbrella, comprising:

44. (Canceled)

45. (Currently Amended) A method of fabricating an umbrella, comprising:  
~~means for fabricating a post having a spiral shaped anchoring structure at a lower end and an upper end to supporting an a retractable umbrella top radiating from the upper end of the post; and~~

~~means for fabricating a first pair of retractable hand levers along a middle first region of the post and a foot lever along a second region of the post, the foot lever being spaced apart from the hand levers by a predetermined distance along a length of the post.~~

46. (Canceled)

47. (Currently Amended) The method of claim 4845, wherein fabricating the hand levers and the foot lever includes fabricating the hand levers and the foot lever in a retractable manner such that the further including providing the first pair and the second pair of retractable hand levers and the foot lever can be moved into with a first position perpendicular to a the length of the post and can be moved into a second position parallel to a the length of the post.

48. (Currently Amended) The method of claim 4947, wherein fabricating the hand levers and the foot lever in a retractible manner includes fabricating the hand levers and the foot lever such that providing the first pair and the second pair of retractable hand levers and the foot lever can be with a first position and a second position includes releasably locking the first pair and the second pair of retractable levers in the first position and the second position relative the post pole.

49. (Currently Amended) The method of claim 4845, wherein ~~means for~~ fabricating a spiral shaped anchoring structure, thea first pair of retractable hand levers and thea second pair of retractable foot lever[[s]] includes[[:]]

~~means for integrally fabricating the spiral shaped anchoring structure on a lower end of a post; and~~

~~means for integrally fabricating the first pair and second pair of retractable hand levers and the foot lever along the post.~~

50. (Canceled)

51. (New) An umbrella, comprising:

a post having a lower end and an upper end to support an umbrella top;

a pair of handles attached to a first region of the post; and

a handle attached to a second region of the post, wherein the first region and the second region are spaced apart by a predetermined distance along the post.

52. (New) The umbrella of claim 51, wherein the pair of handles attached to the first region and the handle attached to the second region include a first position perpendicular to a length of the post.

53. (New) The umbrella of claim 52, wherein the pair of handles attached to the first region can be retracted into a second position parallel to the length of the post.

54. (New) The umbrella of claim 53, wherein the handle attached to the second region can be retracted into a second position parallel to the length of the post.

55. (New) An umbrella, comprising:

a post having a lower end for insertion into the ground, and an upper end to support an umbrella top;

- two or more handles attached at a first region of the post; and
- two or more handles attached at a second region of the post, wherein the first region and the second region are separated by a distance along the post.
56. (New) The umbrella of claim 55, wherein the two or more handles attached at the first region can be secured in a first position perpendicular to a length of the post.
57. (New) The umbrella of claim 56, wherein the two or more handles attached at the second region can be secured in a first position perpendicular to a length of the post.
58. (New) The umbrella of claim 57, wherein the two or more handles attached at the first region and the two or more handles attached at the second region can retract into a second position parallel to the length of the post.
59. (New) An umbrella, comprising:
- a post comprising an upper region and a lower region; and
- three or more handles pivotally connected to the post, the three or more handles having a range of motion including a first position perpendicular to a length of the post and including a second position parallel to the length of the post;
- wherein the three or more handles include at least one handle attached at the lower region of the post and at least two handles attached toward the upper region of the post; and
- wherein the handles attached toward the upper region are separated from the handle attached at the lower region by a predetermined distance along the post.
60. (New) The umbrella of claim 59, wherein the three or more handles have a downward range of motion from the first position to the second position and an

63. (New) An umbrella post, comprising:  
a post having a lower region and an upper region to support an umbrella top;  
and

three or more handles formed directly on the post, wherein the three or more handles include a first handle attached at the lower region of the post and a pair of handles attached at a different region of the post and spaced apart from the first handle by a predetermined distance.

64. (New) The umbrella post of claim 63, wherein the pair of handles and the first handle can be movably positioned into a first position perpendicular to a length of the post and movably positioned into a second position parallel to the length of the post.